

Fall Menu#1

Monday

Yogurt and Ice water
~Chicken noodle soup with Ham & turkey wraps
Fruit and milk~
Homemade cookies and Fruit Juice

Tuesday

Muffins and Fruit juice
~Bean and Veggie wraps , Tomato soup, veggie and pickle tray
Fruit and milk~
Polish sausage with crackers and Ice water

Wednesday

Breakfast cereal/milk and fruit with Ice water
~Shepherd's Pie with a roll,
Fruit and milk~
Nachos chips with cheese and salsa and Fruit juice

Thursday

Trail mix with Fruit Juice
~Chicken and Broccoli pasta casserole
Ice cream and milk~
Fresh Fruit and Ice water

Friday

Breakfast oatmeal /milk and Ice water
~Ham and Rice with peas
Fruit and milk~
Graham wafer with pudding and Ice water

Fall Daily Menu#2

Monday

Muffins with Fruit Juice
~ Hearty vegetable soup with English muffin Tuna melts
Fruit and milk~
Nachos chips and Salsa with Ice water

Tuesday

Breakfast cereal with fruit and milk and ice water
~Cream of Cauliflower soup with Deli meat buns
Fruit and milk~
Home made cookies and Fruit juice

Wednesday

Breakfast toast and Fruit jam with Fruit juice
~ Fish fillets with Rice and green beans
Apple crisp and milk~
Vegetable tray with dip and Ice water

Thursday

Apple sauce and bread sticks with Ice water
~Cheesy Ham and hashbrown corn casserole
Ice cream and milk~
Cheese and crackers with Ice water

Friday

Rice cakes and Ice water
~Upside down Pizza with Garden salad
Fruit and milk~
Bonus Bean Brownies and Fruit Juice

Fall Daily Menu#3

Monday

Apple sauce with graham crackers and Ice water
~Beef barley Soup and Sloppy Joes with mixed vegetables
Pudding and milk~
Banana bread and Fruit juice

Tuesday

Rice cakes with Fruit Juice
~English muffin personal pizzas and Broccoli soup
Fruit and milk~
Vegetable tray with dip and Ice water

Wednesday

Fresh Fruit with Ice water
~ Pork and Baked beans with peas
Ice cream and milk~
Muffins and Juice

Thursday

Breakfast cereal and Fruit Juice
~Spaghetti pasta and Caesar salad
Fruit and milk~
Cheese and crackers and Ice water

Friday

Yogurt and Ice water
~Tortilla chicken bake with mixed vegetables
Fruit and milk~
Fresh Fruit and Ice water

Fall Daily Menu#4

Monday

Bagels, cream cheese with Ice water
~Italian wedding ,rolls and Garden salad
Fruit and milk~
Loaf bread and Ice water

Tuesday

Fresh Fruit and Ice water
~Black bean corn soup, Chicken, rice and corn casserole
Frozen sherbet and milk~
Muffins and Fruit juice

Wednesday

Breakfast bagels with cream cheese/jelly and Fruit Juice
~ Spinach Lasagna with Caesar salad
Fruit and milk~
Pickles and cheese with crackers and Ice water

Thursday

Yogurt and Ice water
~Fish Filets with broccoli and Baked beans
Pudding and milk~
Fresh fruit and Ice water

Friday

Breakfast cereal with Fruit juice
~Tuna and Egg salad sandwiches
Fruit and milk~
Raw vegetables sticks and Ice water

