

Spring/Summer Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Cereal with milk, blueberries and water	Bagels with cream cheese, and water	Yogurt with graham crackers and water	Loaf Bread with bananas and water	Trail Mix with cucumber slices and water
Lunch	Chicken with Brocoli and rice Casserole, crusty rolls, fruit, water and milk	Quiche, with garden salad, fruit, water and milk	Baked fish with mashed potatoes, mixed vegetables, fruit, water and milk	Cheesy ham and Macaroni casserole, garden salad, fruit, water and milk	Sloppy Joes on mini slider buns with tortilla chips, veggie sticks, fruit, water and milk
Mid-afternoon snack	Cream Cheese Pinwheel wraps with pickle tray and water	Bean Brownies, apple slices and water	Cheese, crackers and water	Fish Crackers with vegetable tray and water	Ice Cream Cones and water

Spring/Summer Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Apple Sauce with arrowroot cookies and water	Hard boiled eggs with cheese, crackers and water	Fruit smoothies with graham crackers and water	Cereal trail mix, fresh fruit and water	Rice Cakes, apple slices and water
Lunch	Spagetti with caesar salad, garlic bread, fruit, water and milk	Fish Tacos with rice, harvest vegetables, fruit, water and milk	Hearty Soup with a variety of sandwiches, fruit, water and milk	A variety of deli wraps, pasta salad, pickle platter, fruit, water and milk	Pepperoni Pizza with garden salad, fruit, water and milk
Mid-afternoon snack	Trail mix with fruit and water	Pudding Graham Cracker Sandwiches and water	Nachos with cheese, salsa, sour cream and water	Homemade cookies with veggie sticks and water	Frozen Yogurt pops with crackers and water