

**March – July Week 1**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
<b>Mid-morning snack</b>	Yogurt, granola and water	Cereal, blueberries, milk and water	Muffins, orange slices and water	Scrambled eggs, bread sticks and water	Rice cakes, apple slices, and water
<b>Lunch</b>	Tuna & deli sandwiches, broccoli soup, Fruit, water and milk	Pineapple & ham pizza, garden salad, Fruit, water and milk	Spaghetti with meatballs, Caesar salad, garlic bread, Fruit, water and milk	Vegetable soup with cheese, crackers & pickle platter, Fruit, water and milk	Chicken tortilla bake, mixed vegetable, Fruit, water and milk
<b>Mid-afternoon snack</b>	Banana, graham wafers and water	Hummus with pita chips and water	Melba toast, cream cheese, cucumbers and water	Baked bean brownies, veggie tray and water	Oatmeal cookies, melon chunks and water

**March – July Week 2**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
<b>Mid-morning snack</b>	Assorted cereal, fresh fruit and water	Hard boiled eggs, bread sticks and water	Fruit Smoothies, muffins and water	Bagels with cream cheese, melon and water	Apple sauce, graham wafers and water
<b>Lunch</b>	Fish Tacos, rice, corn, fruit, water and milk	Shepard's pie, biscuits, veggie tray, fruit, water and milk	Chicken tenders, brown beans, garden salad, fruit, water and Milk	Pulled Pork sliders, vegetable soup, fruit, water and milk	Beef Strogranoff, whole wheat buns, carrot coins, fruit, water and milk
<b>Mid-afternoon snack</b>	Melba Toast, cream cheese, cucumbers and water	Yogurt pops, graham wafers and water	Veggie tray, animal crackers and water	Loaf bread, apple slices and water	Bananas, goldfish and water

**March – July Week 3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
<b>Mid-morning snack</b>	Breakfast wraps and water	Cucumbers, bread sticks and water	Oatmeal with berries and water	Yogurt, granola and water	Fruit Smoothies, loaf bread and water
<b>Lunch</b>	Chicken, broccoli rice casserole, croissants, fruit, water and milk	Meatballs, mashed potatoes, cauliflower, fruit, water and milk	Tuna casserole, garden salad, whole wheat buns fruit, water and milk	Deli wraps, hash browns, veggie tray, fruit, water and milk	Ham and Swiss braids, Cesar salad, mixed veg, fruit, water and milk
<b>Mid-afternoon snack</b>	Cheese cubes, kielbasa, crackers and water	Rice cakes, orange slices and water	Bean brownies, apple slices and water	Bananas, graham wafers and water	Veggie platter, goldfish crackers and water

**March – July Week 4**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
<b>Mid-morning snack</b>	Bagels with cream cheese, carrot sticks and water	Cereal, blueberries, milk and water	Hard boiled eggs, bread sticks and water	Muffins, bananas and water	Yogurt, granola, and water
<b>Lunch</b>	Ravioli, garlic twists, Caesar salad fruit, water and milk	Pizza buns, veggie tray, fruit, water and milk	Cheese quesadillas, potato soup, green beans, fruit, water and milk	Herbed fish, rice, broccoli, fruit, water and milk	Chicken noodle soup, whole wheat buns, cheese, meat and pickle platter, fruit, water and milk
<b>Mid-afternoon snack</b>	Fresh Fruit, graham wafers and water	Hummus with pita chips and water	Homemade cookies, orange slices and water	Rice cakes, veggie tray and water	Melba toast, cream cheese, cucumbers and water