

2026 Fall Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Assorted fruit yogurt with digestive biscuits and water	Toasted English muffins with butter, fruit jam and water	Oatmeal with blueberries and water	Cereal with milk, bananas and water	Homemade muffins with orange slices and water
Lunch	Cinnamon pancakes with applesauce, turkey sausage, corn, fruit, water and milk	Taco casserole with garden salad, fruit, water and milk	Chicken sliders on a crusty roll, harvest vegetables, fruit, water and milk	Broiled fish with brown beans, garden salad, ice cream, water and milk	Tomato macaroni soup with grilled cheese, fruit, water and milk
Mid-afternoon snack	Rice cakes with apple slices and water	Garlic flatbread with fruit and water	Spinach dip with naan bread and veggie sticks	Baked cookies with milk and water	Frozen yogurt tubes with crackers and water

2026 Fall Menu – Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Bagels with cream cheese and water	Cereal with milk, blueberries and water	Fruit smoothies with graham crackers and water	Loaf bread with apple sauce and water	Mini croissants with bananas and water
Lunch	Spaghetti with Caesar salad, garlic bread, fruit, water and milk	Tuna melts with rice, mixed vegetables, fruit, water and milk	Hearty soup with assorted sub sandwiches, fruit, water and milk	Tater tot casserole with ground beef, buns, pudding, water and milk	BBQ chicken pizza with garden salad, fruit, water and milk
Mid-afternoon snack	Goldfish Crackers with carrot sticks and water ***Popcorn for FDK and School Age***	Apples slices with cream cheese dip and water	Bean brownies with veggie sticks and water	Nachos with cheese, salsa, sour cream and water ***Naan breads for infant and toddlers***	Trail mix with assorted fruit and water